

Wednesday 24 August 2016



Kia ora Parents, Caregivers and Whānau,

Towards the end of this term and early next term your child will be learning about keeping themselves safe. Teachers and students in New Entrant – Year 3 are using the unit **Knowing What to Do: Me Mohio Kia Pehea**, and Year 4 – 6 are using the unit **Getting Help: Te Whiwhi Awhina**. These are part of the personal safety programme **Keeping Ourselves Safe** which is one aspect of the Health and Physical Education Curriculum.

Keeping Ourselves Safe has been designed to give students the skills to cope and know what to do in situations involving abuse. It has three overall aims:

- To develop and strengthen children’s skills to keep themselves safe with other people;
- To support and encourage children to get help from caring adults;
- To make teachers and parents/caregivers more aware of the need to keep children safe from abuse by adults or other children.

The objectives in these units are designed to assist students to:

- Feel positive about who they are;
- Identify and share their feelings, particularly when they feel unsafe or frightened;
- Use correct names for body parts;
- Recognise different types of touch and have strategies for dealing with unwanted touch;
- Keep themselves safe online;
- Cope confidently with situations where people ask them to keep secrets or tricks or try to bribe them;
- Decide who they can trust and ask these people for help;
- Help set and follow personal and family safety rules;
- Develop resiliency protective factors to support themselves now and in the future.

Knowing What to Do: Me Mohio and Getting Help: Te Whiwhi Awhina is taught by your child’s teacher, with support from our local Police Education Officer Constable Aaron Dann.

To be successful, the Keeping Ourselves Safe programme needs your help and support. Your child may have Home Learning Activities to work on with you, and it is important that you talk to your child about what they have been learning. This helps to reinforce the messages in this programme, and helps your child to use his or her new skills and knowledge with confidence.

As part of this learning focus we are holding a Parent/Caregiver Information Evening about the Keeping Ourselves Programme on **Wednesday 7 September at 7:00 – 8:00pm at Bellevue School**. (The venue will be confirmed once we have received your RSVP and can better estimate numbers that are attending) Constable Aaron Dann is also attending this information evening to answer any questions that you may have. We are also offering supervised activities in a classroom space for your child/ren should you need this to attend the meeting. Please fill in the slip below and return this to school before 30 August to help us plan where to hold the meeting.

Ka kite
Bellevue School Staff

KEEPING OURSELVES SAFE PROGRAMME Information Evening

– Return slip (please return before 3:00pm on Tuesday 30 August)

Yes, I/we will be coming to the information evening about the **Keeping Ourselves Safe** programme.

Names of adults attending

Yes, I/we would like to take advantage of supervised activities for my/our child/ren during the meeting

Names and Room number of children attending supervised activities