



Please list your child/ren's names and class numbers (for the prize draw)

**Bellevue School Health and PE Survey 2018**

1 I/we have a child in the following year group(s) (please tick the one/s that apply to your child/ren).

- New Entrants - Year 2
- Year 3 - Year 4
- Year 5 - Year 6

2 I/we think the following things make a healthy person:

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3. I/we think Bellevue School does the following things to promote the well-being of students, e.g., Life Education, Values/Character, Keeping Ourselves Safe, Swimming, Beach Safety:

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4. I/we think Bellevue School could do the following things to further promote the well-being of our students:

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*Research by Water Safety New Zealand has revealed over a third of Kiwis have experienced a serious situation in the water, and continue to underestimate the danger posed by our waterways. Drowning is the leading cause of recreational death, the second highest cause of death for 1 – 24 year olds and the third highest cause of accidental death.*

*Currently the school includes swimming in our Physical Education/Physical Literacy programmes every odd year, and takes part in water safety programmes in even years eg: Beach Education. There has been some discussion from parents and teachers about the possibility of swimming lessons being included in programmes every year. What is your view on this?*

5. I/we think swimming lessons should be part of Bellevue School Health and PE programmes:

- every year
- alternate years (ie: swimming on odd years and Beach Education Day on even years (current practice))

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Please turn over → then tick the box that you feel most represents your thoughts about each area of the Health and Physical Education curriculum.

Area	Very Important	Quite Important	Not Important
<b>Physical Activity</b> <ul style="list-style-type: none"> <li>▪ skill development</li> <li>▪ applying these skills</li> <li>▪ swimming/fitness/ball games</li> </ul>			
<b>Body Care &amp; Physical Safety</b> <ul style="list-style-type: none"> <li>▪ personal body care and hygiene</li> <li>▪ identifying hazards that may harm our bodies</li> <li>▪ keeping ourselves safe</li> <li>▪ anti-bullying</li> </ul>			
<b>Food and Nutrition</b> <ul style="list-style-type: none"> <li>▪ making healthy food choices</li> <li>▪ how food and exercise relates to being healthy</li> </ul>			
<b>Mental Health</b> <ul style="list-style-type: none"> <li>▪ self esteem identity</li> <li>▪ skills to enhance friendships</li> <li>▪ dealing with conflict</li> <li>▪ working co-operatively</li> </ul>			
<b>Sports Studies</b> <ul style="list-style-type: none"> <li>▪ participating in team sports</li> <li>▪ skills for fair play</li> <li>▪ skills for coping with competition</li> </ul>			
<b>Sexuality Education</b> <ul style="list-style-type: none"> <li>▪ body image</li> <li>▪ how our bodies change as we grow</li> <li>▪ puberty</li> </ul>			
<b>Outdoor Education</b> <ul style="list-style-type: none"> <li>▪ enjoying adventure activities outside school</li> <li>▪ personal and group safety</li> <li>▪ outdoor activities in the community</li> </ul>			
<b>Hauora Māori</b> <ul style="list-style-type: none"> <li>• Taha tinana - body growth/movement/physical well-being</li> <li>• Taha wairua- values/beliefs/spiritual well-being</li> <li>• Taha whānau - family relationships/friendships/social wellbeing</li> <li>• Taha hinengaro - communicating feelings/thoughts/responding constructively/mental + emotional well-being</li> </ul>			

Please record any further comments to share or questions you would like answered:

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- ☺ Thank you filling in this survey to help us improve learning programmes for your child/ren.
- ☺ Please return it to school by **3:00pm on Friday 17 August** for your child/ren to be in the prize draw.
- ☺ Please contact us if you would like further information about this survey or Health & PE Programmes.