



Weekly Newsletter

24 June 2020

Te piko o te māhuri, tērā te tupu o te rākau = The way a sapling is nurtured determines how strong it will grow as a tree.

Term 2 - Issue 6

Week 11

Important Dates

Thursday 25 June -	Board of Trustees meeting - 7:00pm in staffroom
Friday 26 June	Pizza orders/payment due in by 9am
Friday 26 June	Sausage Sizzle lunch (rescheduled - postponed in first week of lockdown)
Friday 3 July	- Pizza Lunch - Last day of Term 2
Monday 20 and Tuesday 21 July	Rescheduled Teacher Only Days
Wednesday 22 July	Start of Term 3 for students
Thursday 23 July	FUNdraisers meeting - 7:00pm in Whare Iti



A reminder that children are **not to be at school before 8:30am** unless they attend Kapai Kids



Book Now

If you have not already booked a time for your children's Three Way Conference next Monday or Tuesday please

do it now!

Find the notice on how to do this later in the newsletter. We are looking forward to seeing you all early next week.



From The Principal's Desk



Kia ora, Nameste, Talofa, Konnichiwa, Guten Tag, Gidday, Vannakkam, ni Hao, Kia orana, Hola, Salam, Sa wat dee kha, Dia Dhuit, Goeie Dag, Bonjour, Hello, (please let us know the greeting in your language if this is not here)

NZSL

It is wonderful to see so many of our parents/whānau continuing to encourage children to walk to school, dropping them a few blocks from the school gates to walk the final few blocks or farewelling their child/ren from the gate in the mornings. By doing this your child is learning to self-manage and become more independent. These practices also assist with the heavy traffic area on Bancroft Terrace before/after school.

If your child needs to be driven to school we encourage you to please drop them on Kenmore Street to walk the last couple of blocks, on Newlands Road to come across the new walkway in Newlands Park or on Link Road to walk through the pathway alongside the kindergarten. To ease traffic congestion at the main gate, please use one of these alternatives rather than driving up to the gate in Bancroft Terrace. If you do have to drive to the main gate on Bancroft Terrace please do not turn into driveways, park over driveways or do any u-turns into the neighbouring properties.

Recently the school has received an increasing number of complaints from our Bancroft Terrace neighbours about our families driving into their driveways to do a u-turn, and some who have even parked over their driveways so that they are unable to leave their property. Despite reminders to parents/whānau to drive all the way to the end of Bancroft Terrace to turn around, there are many drivers still turning into driveways with the risk of hitting pedestrians when they back out again... and there has also been people doing a u-turn at the gate area where there are Road Patrols operating, also students and parents walking on the crossing or footpaths. When the school receives these complaints we are now asking our neighbours to also pass these on to the police.

Thank you for making an extra effort to keep pedestrians safe as they enter/exit our school, and to assist our neighbours to have the ability to leave/enter their properties every day. Have a great week as we hope for a little more sunshine than in the past week.

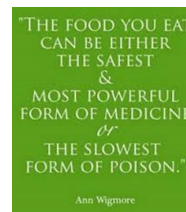
Ngā mihi nui
Karen

Character Education

As we continue the focus on building Resilience or Manawaroa, we endeavour to support each other to overcome challenging experiences/times and to move forward positively. Building the skills/strategies to cope and to manage those challenging times positively is an important life skill for us all.

British physician Dr Rangan Chatterjee says that there are six ways to raise a resilient child:-

- Have one to one time with each child, without distractions
- Give sleep a chance
- Get out and exercise
- Teach delayed gratification
- [Eat the alphabet](#)
- Model gratitude



Dr Chatterjee believes that nutrition has a significant impact on mental health. He says that good-quality food changes the composition of the bugs in our stomach, which helps send calming signals to the brain. Poor-quality, highly processed food sends stress signals instead. A balanced diet that is rich in fibre leads to greater diversity in stomach bugs, which in turn helps make us more resilient and anxiety/depression less likely.

Although persuading children to eat good-quality food may feel like an uphill battle at times, he says that it is about trying a few tricks that can benefit them emotionally (and physically too). One 'trick' he suggests is to challenge the family to "eat the alphabet" over 30 days. He thinks that it is a realistic goal to consume 26 different plant foods in a month eg: A for asparagus, B for banana, C for chickpeas... He says that you could turn it into a healthy eating game to encourage children to try new foods, and you might even turn it into a competition to see who can tick off all the letters first.

So have some fun talking with and encouraging your child/ren to understand the role food plays in their health and well-being. This helps them to add another tool or strategy to their kete for building resilience.

Kupu Hou (new word)

Huarahi = street/road

Pronunciation = who-ah-rah-he

He aha te ingoa o tōu **huarahi**?
What's the name of your *street*?

this example uses 'he aha' to ask what

Kei te tū te waka i te **huarahi**.
The car is parked on the *road*.



Teacher Only Days - 2020

Monday 20 and Tuesday 21 July - (beginning of Term 3 - please note that Term 3 starts on Wednesday 22 July for students.

Friday 23 October - the Friday before Labour weekend



Sausage Sizzle



This Friday (26 June), all those students who ordered and paid for sausages for the 27 March Sausage Sizzle will receive their sausage orders for lunch.

Thanks everyone for your patience as our FUNdraisers group have worked to organise this as soon as possible following the return to Alert Level 1.

We hope that the children enjoy their sausages even more following the long wait/delay. Thank you to Shona and Mandy for cooking these, also to Annette and the student councillors who help distribute them to those who have ordered them for their lunch.

Thank you

Special thanks to...

Andrea and Jane who cleaned up the animal droppings that were in the bark of the Adventure Playground after school yesterday. Your assistance was greatly appreciated.

All the parents/whānau who have already booked for the important meetings with their child and their child's Whānau Teacher next week.

Pizza Friday



This takes place on the last Friday of the term (Friday 3 July). The order forms came home to you on Monday 22 June and must be returned to school (with cash or paid on-line) by 9:00am this Friday 26 June.

Thank you to the wonderful parents who process these orders and those who deliver them to the children who have ordered them on Pizza Friday.



Three Way Conferences - Monday 29 and Tuesday 30 June

The beginning of next week is an opportunity for you to meet with your child and their Whānau Teacher to have a learning conversation about their time/learning at home and the return to learning at school.

If you have not already done so, please use the following code to book in a time that suits you to join your child and their teacher at these important 'A Bubble in Time' learning conversations by going to the following link

<https://www.schoolinterviews.co.nz/login>

Booking code **5vhb2**

If you are unable to book on line or would like us to sort this for you, please call the school office for assistance.

Please note that:-

- ♦ Children starting after Lockdown (ie: 18 May 2020) will not have a Three Way Conference at this stage.
- ♦ If you have not booked a time by 12 noon tomorrow (ie: Thursday 25 June), you will be notified of a time that has been allocated to you.

We look forward to talking with you and your child next week.



COVID-19 Update

If a case of Covid-19 should appear in the school, then the Ministry of Education, in partnership with the Ministry of Health, will track, trace and manage the contacts of the individual with the help of the school community. A school may be closed for several days whilst this happens and the school is cleaned.

Other links for you to find current information are:-

<https://www.ccdhb.org.nz/your-health/covid-19-how-you-can-look-after-yourself/>

<https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus>

If you have any concerns you can ring Healthline (for free) on a new dedicated 0800 number specifically for health-related calls about COVID-19 which is **0800 358 5453** at any time. If you have developed symptoms of fever, cough or shortness of breath then seek medical advice by phoning the Healthline number dedicated for COVID-19 or contact your GP, including phoning ahead of your visit.



Yummy Apple Stickers



A reminder to please collect these stickers from apples and the voucher from bags of 'Yummy Apples' for our school.



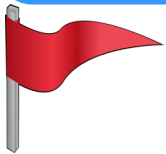
Thank you for thinking of us each time that you save these stickers and vouchers for PE equipment.

Board of Trustees Meeting

The next Board meeting is taking place in the staffroom tomorrow evening - 7:00pm on Thursday 25 June.



Grass at School



With the recent wet weather our grounds are waterlogged so if we do not keep off them they will become muddier and will be out of use for longer. We want our students to be able to use the outside areas as much as possible so your help to preserve these for use is appreciated.

Please note that if there is a red flag on the grass areas/fields in the school, this is a reminder to stay off these areas. Thank you for adhering to this and checking that children who are with you in the grounds before and after school do this too.

In Room 13 after our return to school we have been making calendar art kowhaiwhai patterns. First we got famous landmark images of New Zealand and put them on a Google Doc. Then Miss George printed the landmarks out. Next, we glued them onto black paper, in the middle at the bottom of the page.

We started to research and draw some kowhaiwhai patterns in our Art books. Then we started to draw kowhaiwhai patterns onto the background of our black paper. We finished the calendar art by colouring with white, red and green pastel - the colour of Māori kowhaiwhai patterns. They were very fun, we learnt a lot about kowhaiwhai patterns and they look amazing!

- Lucy Foster R13



Safety First

PLEASE

A special reminder to practice safety, courtesy and consideration when you drop your children off before school - also when picking up after school.



In the mornings there is often quite a traffic jam so please follow the road rules ... give way to up hill traffic, go to the top of Bancroft Terrace to turn and no double parking on Bancroft Terrace.

PLEASE

Remember that children look at adults as role models for behaviour. By using the school Road Patrol Crossing you are helping all our students be safe. Please do not be tempted to cross outside this crossing area when the Road Patrols are on duty.



PLEASE

Due to the limited space available and the entry/exit safety issues in the school car park, we ask parents to refrain from using these parks during school hours.

If you have a health issue and require entry via the car park or need to use a park during the day, please contact the school office to arrange this.

Spare Clothes

If you are having a sort out and have any trousers, leggings or shorts that your children have grown out of and would like to donate them to school, we would really appreciate it.

In this wet weather it is always useful for us to be able to provide a change of clothes to children if it is needed.



Learning in Lockdown - Your Thoughts Please

As indicated in the email sent home on Monday 22nd June, We are interested in hearing your thoughts about 'Learning in Lockdown' so if you would take a moment to follow this link: <https://forms.gle/kyu6yxJv1ZrLUy5f6> (you may have to copy and paste into your browser) to complete a short survey of four questions we would appreciate it.

This form will close on Thursday 2 July at 5:00pm.

Sports News

Miniball

Due to lack of numbers, Bellevue won't be entering teams into Miniball in Term 3. However we have had interest for students wanting to take part after the Netball season.



We are now looking for a parent who will take on the responsibility of manager and organising the entry, collecting fees and emailing results to the school after matches. The school will still provide the uniforms. If this sounds like a commitment you are willing to take on in Term 4 please email your interest to Jenny. (jenny@bellevue-newlands.school.nz)

Kia ora Bellevue School netball community!

As we prepare for our upcoming netball season (starting 25 July), this email is just to let you know the player subs are now due. Subs are \$50 per player for Year 5 and 6 players, \$40 per player for Year 3 and 4 players.

Subs must be paid as soon as possible, so that we can organise an afterschool meeting to introduce you to your coaches and hand out uniforms. Please pay the school directly. For internet banking the account is 12-3223-0048283-00 and use the reference 'Netball Y6' (or Y5 as appropriate). We have a 'No pay No play' rule. If subs are not paid or part payment started your child will not take the court. If you cannot pay the full amount in one go, please contact us and we can arrange payment in instalments.

If you have already paid the subs, please do ignore this part of this email.

Also to let you know that Northern Suburbs Netball will be hosting an Umpire training course on Tuesday 30 June at 7:00pm at Newlands Intermediate School Learning Support Centre. If you are interested in umpiring games, please do let us know and look to attend this course.



Look forward to seeing you soon,
Lisa and Lorraine

Community Notices

Community notices are included as space allows, and are limited to no more than 100 words. Every effort is made to present accurate information, however the Board does not accept responsibility for any inaccuracies. The Board is unable to accept responsibility for goods or services advertised.

KAPAI KIDZ- HOLIDAY PROGRAMME

We will be operating out of the school hall from Monday 06 July - Friday 17 July inclusive. All enquiries to Linda Robinson 021 409641 or register via our website www.kapaikidz.co.nz. Numbers are limited, so get in quick!

KAPAI KIDZ - TEACHER ONLY DAYS

We will be open on Monday 21 & Tuesday 22 July from 7.30am - 6.00pm. All enquiries to linda@kapaikidz.co.nz



Newlands Tamariki Playcentre alumni session - Tuesday 7 July, 12pm

All former members are invited for a play and a catch up on Tuesday 7 July at 12pm. Please bring along your favourite pizza topping for a shared lunch. <https://www.facebook.com/events/2599271666960596/>

Sunshine Drama Classes

These classes provide a creative and fun learning space for students aged 4 - 16 years of age. Sessions engage imaginative minds, grow confidence & build communication, performance and social skills. For further information or to arrange a free trial class, contact Jenae on 0274380533 or visit www.sunshinedrama.co.nz.



Elements Rhythmic Gymnastics

Rhythmic Gymnastics is a mix of dance and gymnastics. It develops hand-eye co-ordination through the use of apparatus – rope, hoop, ball, clubs and ribbon. We are the only Rhythmic Gymnastics Club in the Wellington region. If your son or daughter loves to dance and is looking for something a little different, then come along to a class and give it a try! Email info@rhythmicgym.nz to arrange a **FREE trial**. We have classes available from Mon to Sat, min. numbers apply. Our classes are in Thorndon, just opposite the Botanical Gardens.

For more information about Elements and our classes, visit rhythmicgym.nz

